**Placenta Preparation Agreement**

Yes, I would like to have my placenta encapsulated by Sarah Barbosa at BirthBlessings. I would like my placenta prepared in this method:

Traditional Chinese Method – The placenta is steamed over boiling water with fresh, organic herbs: lemon, ginger, and a spicy green pepper. It is then cut into thin strips and dehydrated on a low heat for approximately 8 hours. Once dried, the placenta strips are ground up into a fine powder and the powder is put into vegetarian capsules. The capsules will be delivered to you in a jar along with instructions for taking them.

Raw Method – The raw placenta is sliced into strips and placed in the dehydrator. The placenta is then dehydrated at a low temperature for approximately 8 hours or more. Once dried, it is ground up into a fine powder and the powder is put into vegetarian capsules. The capsules will be delivered to you in a jar along with instructions for taking them.

**Personal Information:**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Partner Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ State: \_\_\_\_\_\_\_\_\_ Zip: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone numbers: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Due Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Birth Care Provider Information:**

OB / Midwife (circle one) Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Place of Birth: Home / Hospital / Birth Center (circle one)

Address where birth will take place (include directions if necessary): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Payment Method:**

The total cost for services (including pick-up of placenta and delivery/shipping of capsules) is $200 ($175 for current doula clients or River Valley Birth Center clients). Accepted forms of payment are cash or check. Payments can be made to:

**Sarah Barbosa**

**419 E. Plum St.**

**Mankato, MN 56001**

**Your Responsibilities:**

I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ agree to the following:

* Arrange for someone to contact Sarah when in labor and again following the birth of my baby so that she can pick up my placenta.
* I will inform my Care Provider that Sarah will be picking up my placenta in addition to signing any necessary release forms before her arrival.
* Communicate with Sarah regarding any changes to the plan regarding the placenta encapsulation process.

**Birth Blessings Placenta Services Agrees to the Following:**

* Sarah will pick up your placenta within *48 hours of receiving the call* that you have birthed your baby (or will send a back-up encapsulation specialist if she can’t arrive by then).
* Sarah will deliver the prepared capsules to you within a timely fashion, usually within 2 to 3 days.
* Sarah will communicate with you regarding any questions or concerns you may have at anytime throughout the process.

**Additional:**

Though based on a combination of centuries-old cultural knowledge and multiple research studies, the statements and information offered by Birth Blessings have not been evaluated by the Food and Drug Administration. None of the services offered are approved to diagnose, cure, treat or prevent any disease because according to the FDA only a drug can legally make such a claim. Use of placenta encapsulation assumes prior discussion with your health care provider. Clients are responsible for researching and using these services appropriately.

I understand that the act of ingesting placenta in any form has not been tested nor approved by the FDA and I ingest it at my own risk. Furthermore, I release Sarah Barbosa of Birth Blessings, from any liability. (initial) \_\_\_\_\_\_

I do not have and have never had the following STDs or blood-born diseases: HIV, Hepatitis A, Hepatitis B, Hepatitis C, Syphilis, Chlamydia, Gonorrhea. (initial) \_\_\_\_

* *For my safety and the safety of others I realize that if I do currently have any of the previously listed STDs or blood-born diseases, Birth Blessings will be unable to process my placenta.*

Printed Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_